



# Integrated household violence prevention: intimate partner violence and violence discipline of young children in Senegal

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# REAL Fathers Approach

- Addresses the intersection of intimate partner and child violence.
- Reaches young fathers before expectations, attitudes and behaviors are more set
- Provides an entry to promoting more gender-equitable and positive masculinities.
- Effective, scalable approach, with evidence from Uganda



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# REAL Fathers: Project Components



## Select & Train Mentors

20 mentors trained, committed and mobilized



## Home Visits

326 young fathers sensitized through 7 home visits and 7 group sessions

326 female partners engaged in select sessions

## Group Meetings



## Poster Series

Display posters to elicit socio-emotional responses and reinforce the 7 key themes



## Community Celebrations

Share changes, Make commitments, Model behaviors, Celebrate change



# Evaluation Objectives

In Senegal, how effective is REAL Fathers in

1. Preventing young men's use of **violent discipline** with under-five children;
2. Preventing men's perpetration of **intimate partner violence**; and
3. Improving men's use of **positive parenting and communication skills**

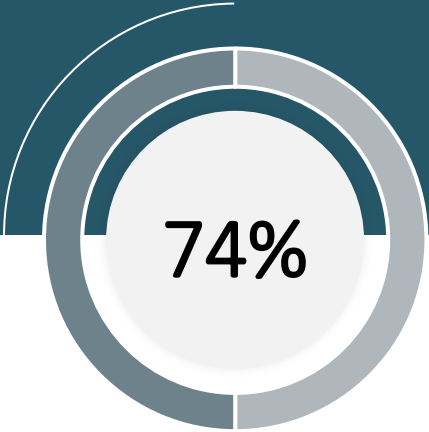
*Exploratory question:* Does REAL Fathers prevent mother's use of violent discipline with under five children?

# Quasi-Experimental Longitudinal Quantitative Evaluation: In brief

- **Sites.** 8 villages selected in each of 2 communes: Kedougou and Tomboronkoto
- **Baseline and Endline Survey** (12 months post-baseline) with the intervention group
- **Eligibility & Participants.** 330 young fathers aged 16-35 years with children 0-5 years & their female partners (N=330) living in the selected villages
- **High retention at endline:** >99%
- **High program participation:** 27% attend all 14 sessions; 73% attend 11-13 sessions

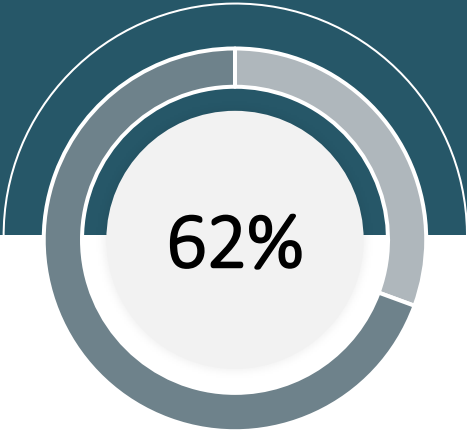


# YOUNG FATHERS



74%

74% of young fathers attended at least primary school  
(*Baseline*)



62%

62% of families had **difficulty meeting their food needs in the past month**, compared to 79% at baseline\*\*\*



7%

7% of men reported **consuming any alcohol in the past month**

**real fathers**

**child caregiving and discipline**

# Parenting Attitudes and Norms



## Mean Nonviolent Attitudes (Range: 1-3)

Compared to baseline:  
2.3 (men), 1.8 (women)

6 indicators; higher score showing  
**nonviolent attitudes**

## Mean Nonviolent Descriptive Norms (Range: 1-4)

Compared to baseline: 3.1 (men),  
2.9 (women).

2 indicators; higher score **less**  
**supportive of VAC**

## Mean Nonviolent Injunctive Norms (Range: 1-4)

Compared to baseline: 2.7 (men), 2.3  
(women).

5 indicators; higher score **less**  
**supportive of VAC**

\* $p < 0.10$ ; \*\*  $p < 0.05$ ; \*\*\*  $p < 0.01$



# Parenting: Childcare and Confidence in Using Non Violence Discipline

## Father's engagement in childcare

Compared to baseline: 4% (men), 5% (women);

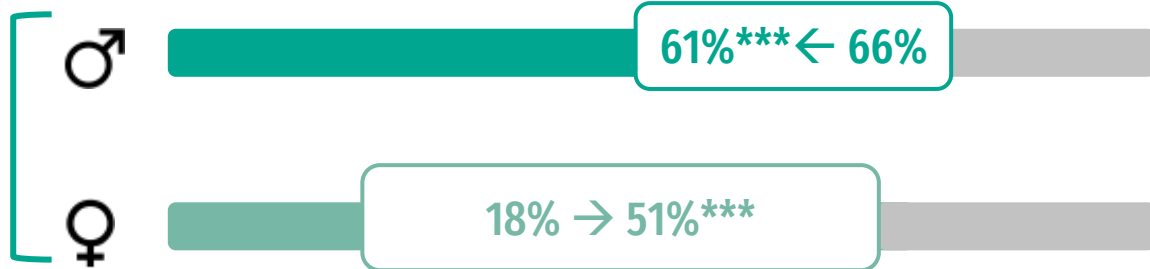
Includes 4 indicators, assessing if **fathers are always, usually, or equally involved** in caring for U5 children



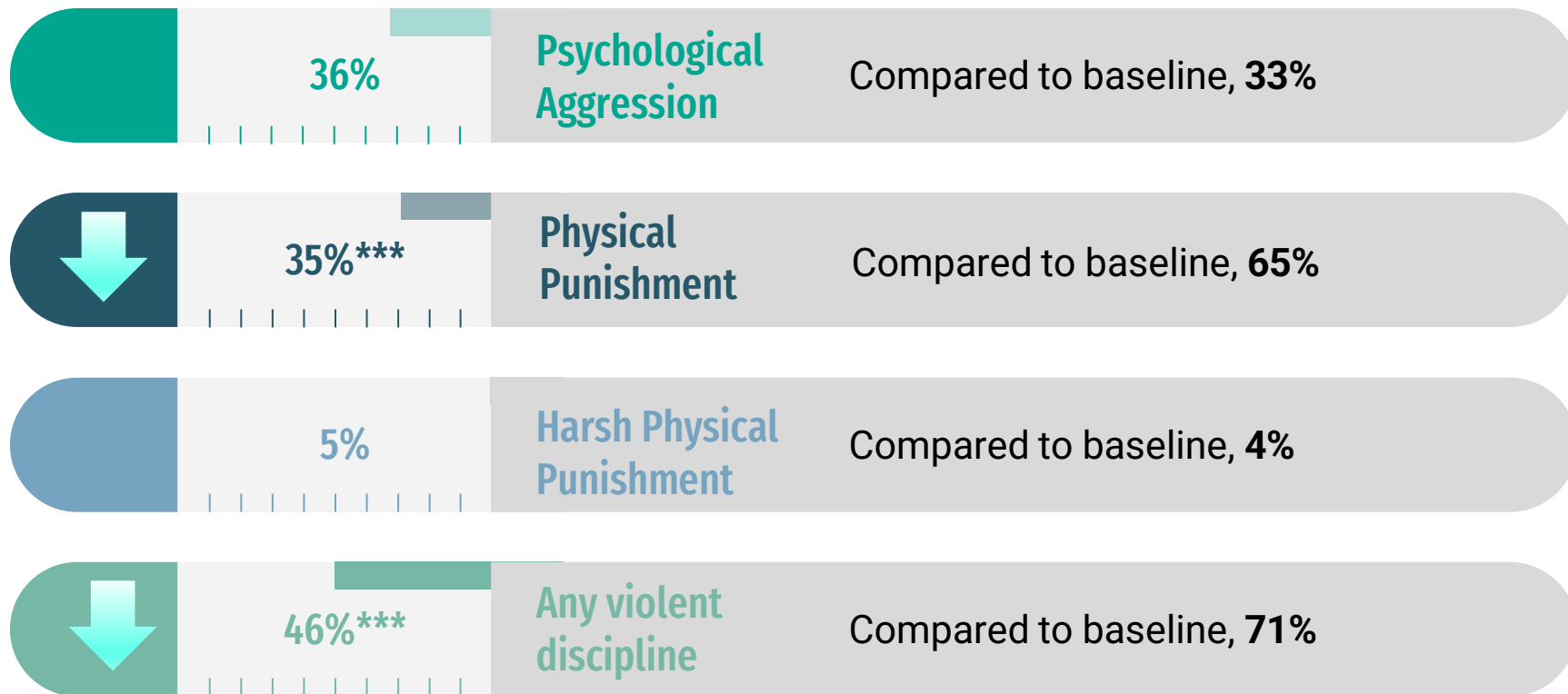
## Confident to use nonviolent discipline

Compared to baseline: 66% (men), 18% women;

% reporting **very confident**

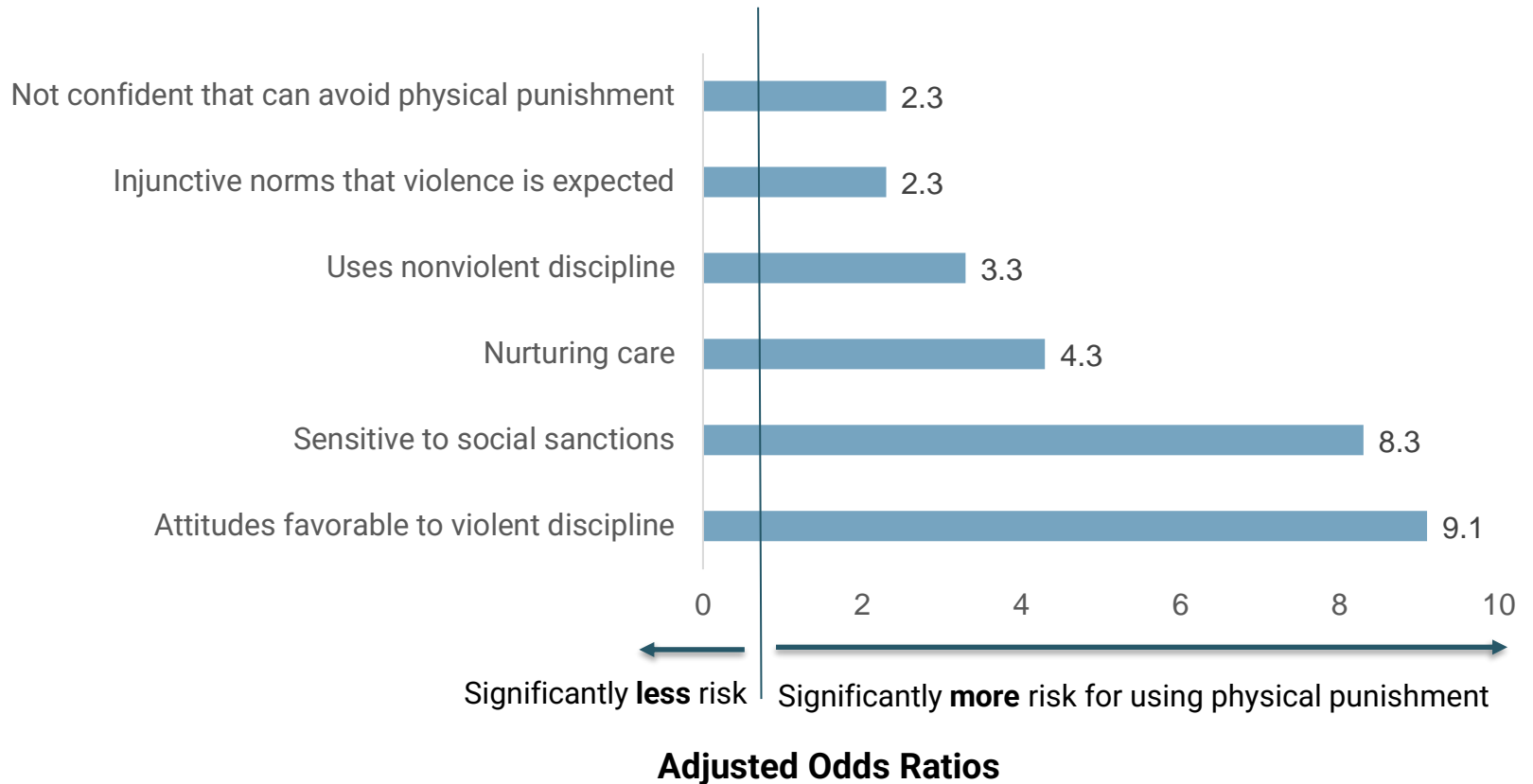


# 35%\*\*\* of fathers used **physical punishment** in past 3 months after participation in REAL Fathers



\* $p < 0.10$ ; \*\* $p < 0.05$ ; \*\*\* $p < 0.01$

# Which factors were significantly associated with men's physical punishment?



# 42%\*\*\* of mothers used **physical punishment** in past 3 months after participation in REAL Fathers



\*p<0.10; \*\*p<0.05; \*\*\*p<0.01

**real fathers**

**relationship and  
intimate partner violence**

# Partner Communication, Quarrelling, and Fear

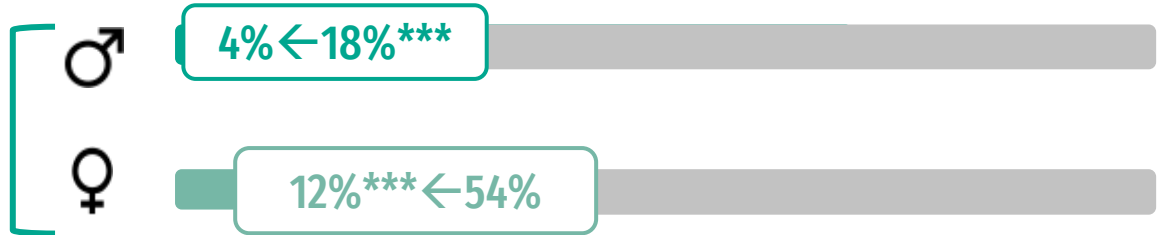
## Partner Communication

Compared to baseline: 89% (men), 69% (women);  
Includes 7 indicators, assessing **whether partners talk** about their day and their feelings, and express appreciation in past month



## Frequency of Quarrelling

Compared to baseline: 18% (men), 54% (women);  
% reporting quarreling sometimes or often



# Descriptive and Injunctive IPV Norms



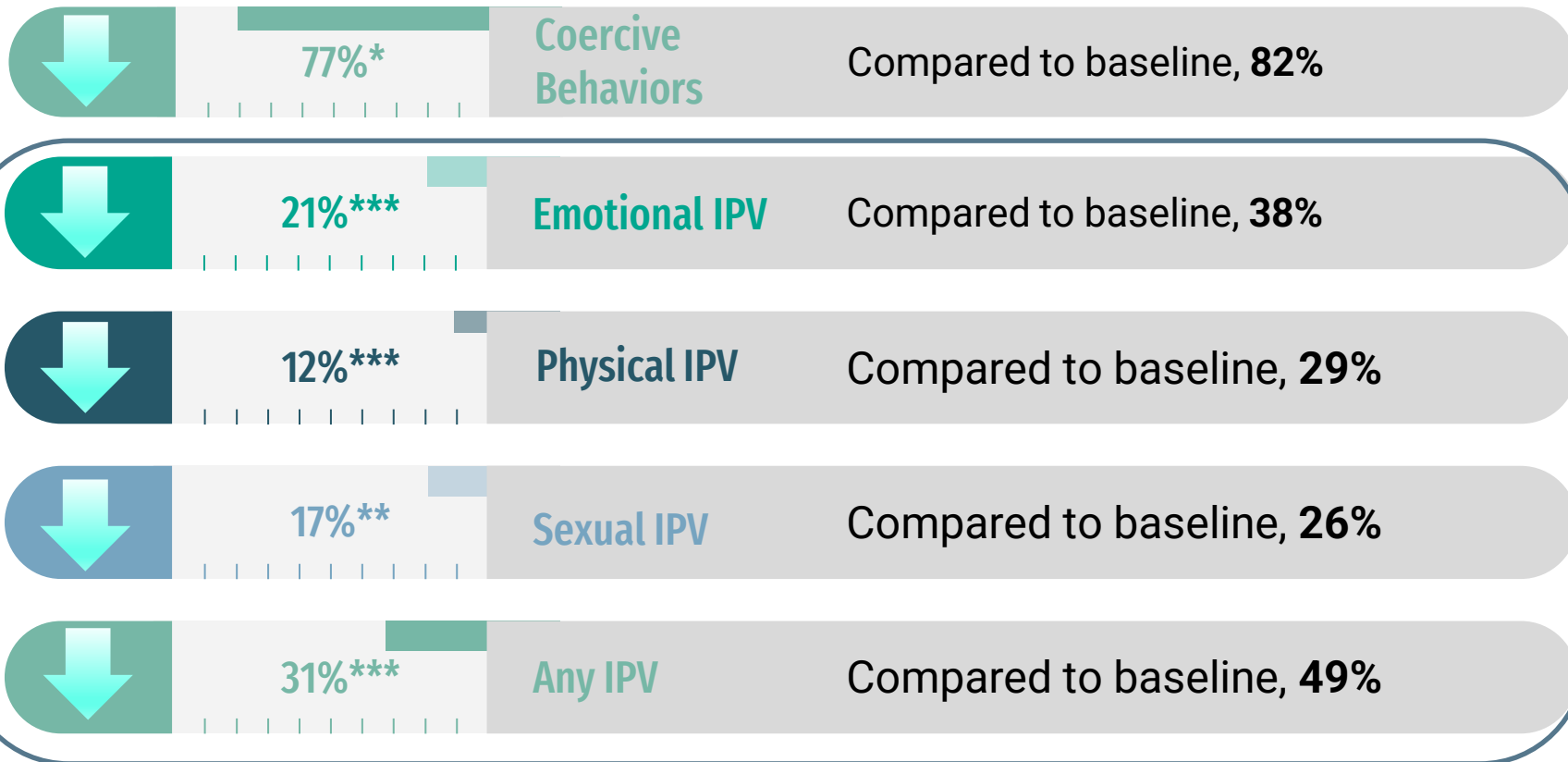
## Mean Nonviolent Descriptive Norms (Range: 1-4)

Compared to baseline: 3.32 (men),  
3.24 (women).  
2 indicators; higher scores **less**  
**supportive of IPV**

## Mean Nonviolent Injunctive Norms (Range: 1-4)

Compared to baseline: 2.76 (men),  
2.8 (women).  
2 indicators; higher score **less**  
**supportive of IPV**

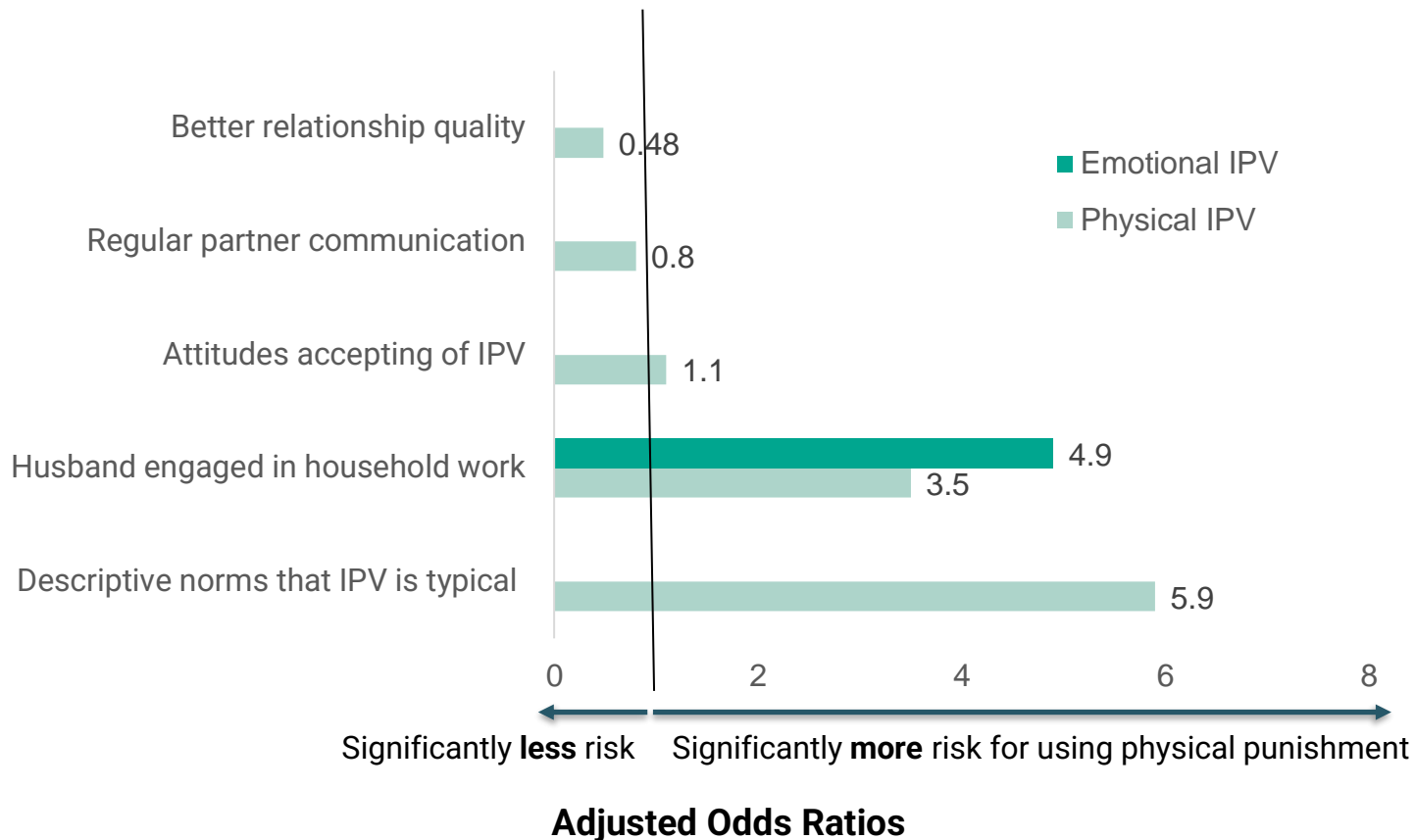
# 31%\*\*\* of women experienced ANY IPV in past 3 months after participation in REAL Fathers



\*p<0.10; \*\*p<0.05; \*\*\*p<0.01



# Factors significantly associated with women's emotional or physical IPV experience



## Key Learnings

- REAL Fathers is an **acceptable and effective method** at preventing men's use of violent discipline with under five children and IPV with their partner
- REAL has an **indirect effect** on preventing women's use of violent discipline

## Recommendations

- ✓ **Increase participation of female** partners and female mentors
- ✓ Incorporate **economic empowerment**
- ✓ Work with **Community Health Workers to support mentors and supervisors** during the Group Session on Family Planning.
- ✓ **Engage village leaders** in mentor training to project monitoring and help scale the program
- ✓ Dissemination of successful project outcomes, including back to the local communities themselves, will **support the sustainability of results** by affirming participants' behaviors

# Thank you!