

Including VAW prevention in parent training for parents and teens



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Why do this study?

- ❑ VAW and VAC intersect.

- ❑ Parenting programmes could be key
 - Can address common risk factors
 - Can address underlying norms
 - Parenting is a key point of intervention
 - Effect of these forms of violence on parenting
 - Addressing parenting to prevent present and future violence



Data Collection Methods and Participants

- ❑ WhatsApp focus group discussions with:
 - ❑ 10 caregivers that participated in PLH
 - ❑ 10 teens that participated in PLH
 - ❑ 10 mothers who have not done PLH
 - ❑ 10 fathers who have not done PLH
 - ❑ 10 teens who have not done PLH
- ❑ Individual interviews on Zoom with:
 - ❑ 4 Facilitators of PLH



Insights on the use of WhatsApp

- ❑ Few studies using WhatsApp

Advantages	Challenges
Safe during Covid-19 outbreak	Ethical considerations
Free to respond in their own time	Lack of control over participants' interpretation
Participants engaged with the questions asked	Fading engagement



The PLH Programme

- ❑ PLH for Parents and Teens (PLH for Teens)
- ❑ caregivers and their 10- to 17-year-olds
- ❑ delivered by community-based workers
- ❑ group-based format with 14 sessions



Summary of Results

- Fathers were the most active of all the participants in the study
- Advantages and disadvantages to their children becoming teens
- Poverty and financial difficulties
- Handling conflict
- Importance of the community
- Suggestions for the potential programme
- Great benefits to PLH participants
- Distinct responsibilities for men and women



Implications for Programme's Focus/Direction

Shifting Gender Norms

- Distinct roles for men and women
- Open to change
- underlie much of both forms of violence

Engaging Fathers

- Most engaged of all the groups
- Calls for the full engagement of fathers
- Still remains a challenge

The Importance of the Community

- Concern for well-being of the community
- Communal approach to parenting
- Community mobilisation interventions



Implications for Programme's Content

Communication and Respect

- ❑ Strengthen relationship skills learnt in Parenting for Lifelong Health Teen Programme to include couples' everyday interactions

Economic Support

- ❑ Serious economic struggles of participants
- ❑ Wanted to see economic support: funds and skills
- ❑ Already a part of PLH but this suggests that it may need strengthening and better tailoring

